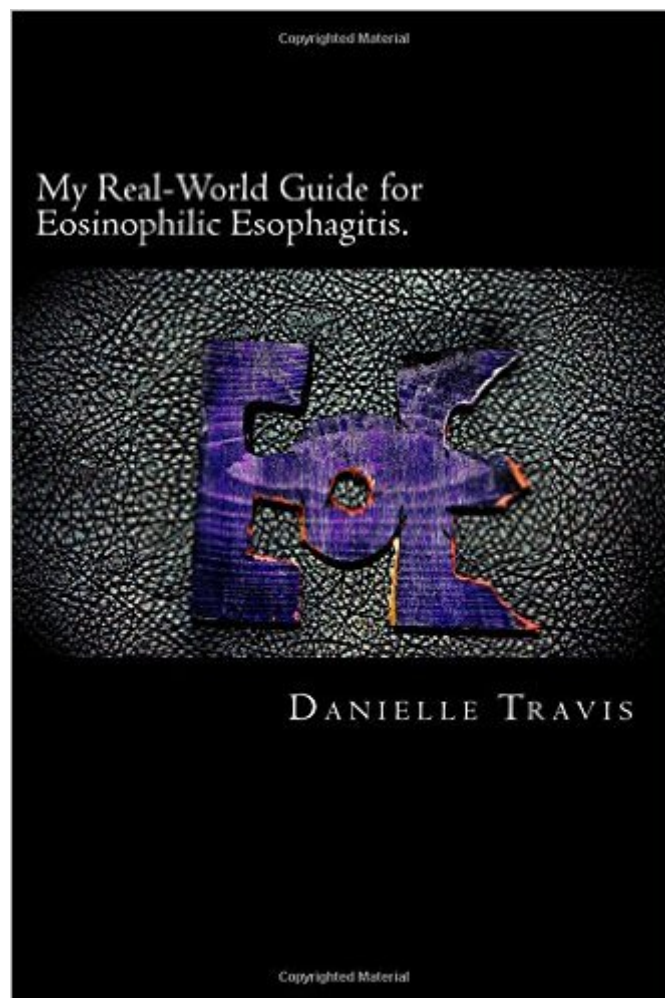


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# My Real-World Guide For Eosinophilic Esophagitis.: A Guide To Helping Children, Parents, And Anyone Else Navigate Through The Thoughts And Feelings Associated With Eosinophilic Esophagitis.





## Synopsis

"My Real-World Guide for Eosinophilic Esophagitis" is a self-help guide for anyone who has this disease, or anyone who has a loved one affected by this disease. This book is not only for teens struggling to live with this disease on a daily basis, but this book reaches out to the parents, grandparents, and friends who have a child or someone close to them that is conflicted with Eosinophilic Esophagitis (EoE). Within the pages of this book, you'll get an inside look into the daily life of someone who struggles to eat food. It's the real deal; all of the thoughts, feelings, and emotions that go on behind the scene. You'll find tips and tricks to help get through rough situations, little pieces of encouragement to make the dark days brighter, and real-life, relatable stories. Hopefully this book will let some people peek into the world of EoE and will let others know that they aren't alone in this disease.

## Book Information

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## Customer Reviews

This real-world guide is actually a REAL WORLD GUIDE as Danielle Travis, someone with this condition, tells us exactly how it feels and what comes with having EOE. This book is great for learning more about your own EOE or learning how to manage parenting a child with EOE. This book has several tips and suggestions for how to live with EOE and how to manage the physical, emotional, and mental side effects that comes with it. If you want to learn more about how it feels to have EOE or how you can help someone you love with this condition, this book is indeed a fabulous real-world guide for EOE. There is nothing like this book out there because there are not many EOE books written by a person who actually has gone through it.

This book is as real as it gets for someone who has EoE or for a friend or family member who knows someone with EoE. The book itself is a wonderful look into the life of Danielle as she goes through and learns from her experience with EoE. You can not only relate to the stories Danielle has told but can also learn from them as she gives you tips. It is one of those books that makes you smile and gives you hope. I would recommend it to anyone with or without EoE.

Danielle Travis does such an amazing job delivering her readers with informational text and suggestions for someone living with, or knows of someone who has EoE. It truly is a great and easy read for anyone, of all ages, to learn a little more about this disease. Travis takes the time to relate to her readers on all levels, by reaching out and admitting her struggles, as well as uplifting the reader with positive thoughts and advice.

Danielle Travis has done an amazing job telling readers about eosinophilic esophagitis. I would recommend this book for anyone who is struggling with this illness or knows someone who is. She doesn't sugar coat anything that she has endured as a result of eosinophilic esophagitis. When she says it's a real world guide, that's exactly what she means. I don't struggle with this particular illness, but I do struggle with gluten sensitivity. This book helped me to see that there are ways to still be social and gave me a goal of being social without always having food involved. I don't know about anyone else but to me Danielle achieved her goal with this book, of helping others get through Eosinophilic Esophagitis or other illnesses.

This book gives a fantastic insight on the feelings that come along with having Eosinophilic Esophagitis. Danielle opens up about her life and everyday trials and tribulations that come along with having extreme food allergies. This book would be a great fit for anyone struggling with disease and even for friends and family. I loved the way that Danielle shared a story or her feelings at a certain point in her treatments and then gave a tip for those who are experiencing what she was experiencing and also gives advice to parents and loved ones about what their children may be feeling and what they can do to help. My Real- World Guide for Eosinophilic Esophagitis is a must read!

Danielle Travis wrote a real world guide, which is completely real world as she did not hold anything back in her writing. She created one of a kind book, giving the audience a peek into her journey with Eosinophilic Esophagitis (EOE). This book is a collection of journal entries and lessons learned from

many experiences she went through with EOE. It has not been an easy journey for her, but she has certainly made the best out of it by creating a keepsake that would inspire anyone who is diagnosed with EOE to push through the challenges and know that they are not alone.

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